

[illegible]

Anna Sougy

portfolio

annasougy.com +33 6 58 34 75 95 @anna_2.poney annasougy@gmail.com

Born in 1997, Anna Sougy is a multidisciplinary artist living and working in Paris. Her practice revolves around drawing, video, writing and textiles, all of which are often deployed in installations that serve as both backdrops and performance stages. Her work focuses on questions of narrative, attempted dialogue and the dysfunctions of language. Summoning a repertoire of popular imaginaries (tale and legend, dream and nightmare), Anna Sougy attempts to weave open narratives and question addresses, like confidences to the unknown. Using multiple voices and a poetic, metaphorical language, the artist stages and embodies the multiple characters in her projects.

Her creations then appear as dreamlike images in which fiction and reality meet through self-writing, the memory of time and space, communities, and doing together in relation to others.

Since 2019, she has been collaborating with artist and music producer, Léa Tissot - Laura. Together, they have made several videos dealing with questions of identity, the body and community through surrealism and the absurd. These videos have been exhibited in France and abroad, including at the Jedna Dva Tri Gallery and Karpuchina Gallery in Prague, CLAPTRAP in Antwerp and the ALte Turnhalle in Lichtensteig. Most recently, in April 2025, they were invited by Ines Geoffroy to present a new performance project at the Grande Hall de la Villette.

She is a graduate of the Haute École des Arts du Rhin in Strasbourg (option art Hors-Format) and the KASK & Conservatorium / School of Arts in Gent (option New Media). Anna Sougy exhibits her work and takes part in numerous festivals and exhibitions in Belgium, France, Switzerland and the Czech Republic.

Installation & Performance

People you've been before

Il était une fois une fée

Birthday Date

Video

Key Hall

Sexy Pigs

Objectif Paradis

*My mind is a material I can play with
you and I eating raspberries in the forest*

Painting & drawings

Sisters to my eyes

Mr Horloge, les étoiles et Ours

What would happen if we opened our hearts 2 each other

Cv

People I've been before

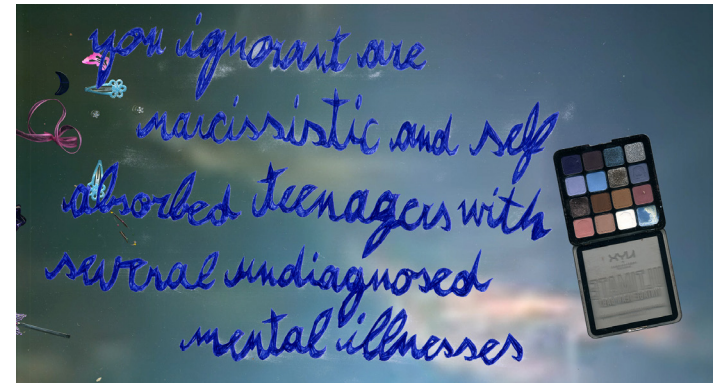
with Léa Tissot-Laura

Performance & video, *People I've been before*,
Two characters respond to each other, sharing two forms of feelings, two
moments of reflection that come together to create a glimpse of a lost
adolescence in a countryside village. Between diary entries, voice message,
a mix of lived and foud imades : a confession of a melancholic pop cuture.

18min, 100% Performance, curated by Inès Geoffroy,
Grande Halle de la Villette, Paris FR, 2025

With the support of Région Grand Est.





Il était une fois une fée



Installation & performance, *Il était une fois une fée*,
photos ©Julien Kirmann
CRIC, Strasbourg, FR, 2023

Il était une fois une fée

Multimedia project combining installation, performance, textile sculptures, paintings on textiles and various objects, drawings (ink and pencil), oil paintings and calligraphy (poems, texts and scores). Reading and singing accompanied by a projection of drawings and texts.

Il était une fois une fée, is a narrative in which Anna Sougy interweaves the codes of self-fiction, self-theory and storytelling. However, this story does not end with a moral or a conclusion, but rather (ends) with an open ending.

*je ne sais plus quand tout a commencé
ni même quand tout finira
et de nouveau je me demande un peu ce que je fais ici*

The story begins with the fairy character,

*Il était une fois une Fée qui perdait toutes ses affaires,
elle perdait son chapeau de fée,
sa baguette magique de fée,
et tous les attributs qui faisaient d'elle une fée....*

Fairy wonders,

*elle a peur de ne plus savoir
et d'avoir perdu tout ce qui faisait d'elle une fée.
elle espère que Sorcière, elle, le sait
elle espère que Sorcière pourra lui rappeler.*

The Fairy character is gradually joined by three other protagonists: the witch, the shepherd and the caterpillar. The characters intermingle, clash, help each other or, on the contrary, become disruptive elements. Each figure in this story personifies and illustrates an intention, symbolizing a particular desire or reflection. Fairy and Witch are, one after the other, jealousy, fear and doubt; Shepherd is both hope and passivity; Caterpillar expresses joy and satire.

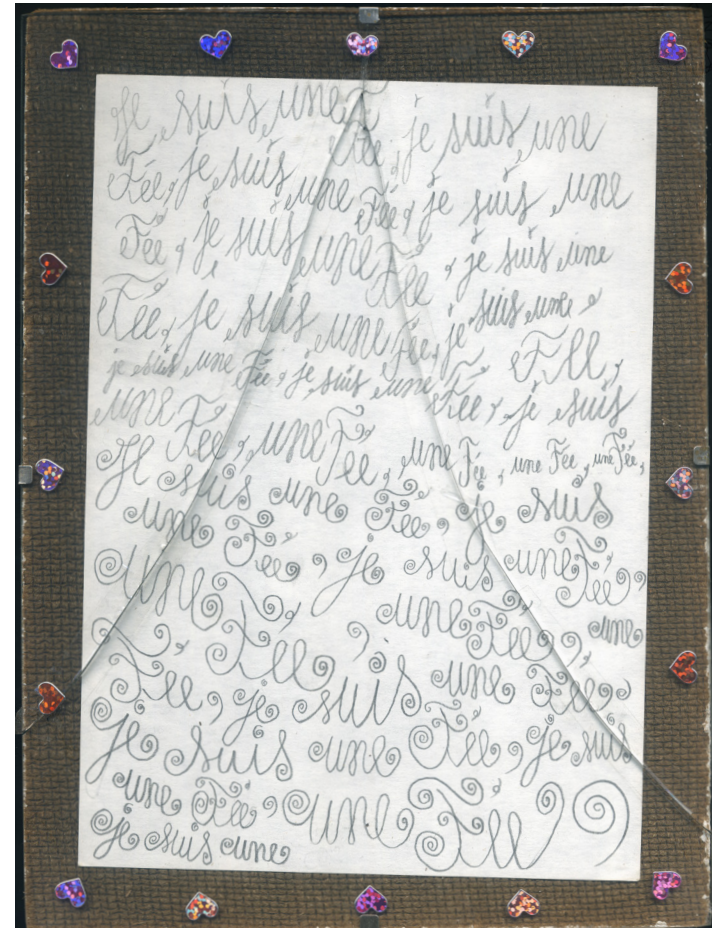
During the performance, Anna Sougy plays these four characters in succession. The performance is structured around a reading that combines extracts from the story and a selection of music, songs and nursery rhymes: sometimes sung, like *Autrefois dans mon placard* by Pierre Gripari, sometimes written and drawn, like *Mon enfance* by Areski and Brigitte Fontaine, sometimes broadcast, like *Epitaph* by King Crimson, sometimes modified and rewritten, like *Rage* by GaptoothTvmp4.





Installation & performance, *Il était une fois une fée*,
photos ©Julien Kirmann
CRIC, Strasbourg, FR, 2023

Il était une fois une fée



Textile sculpture, painting on textiles and various objects. Drawing (ink and pencil), oil painting and calligraphy (poem, text and score).

photos ©Julien Kirrmann
CRIC, Strasbourg, FR, 2023

Il était une fois une fée

During the performance at Le Cric in Strasbourg, the reading was accompanied by a projection of illustrations and texts, opening up the narrative and adding details about the protagonists, their concerns and the solutions they are trying to implement.

Drawings and texts were also displayed around the installation. The hanging had been thought out independently, creating a story within a story:

*il était une fois une fée
il était une fois une sorcière
il était une fois un berger
il était une fois une fleur...*

The Caterpillar character is represented in space as a textile sculpture, delimiting the installation and surrounding the scenic space with its body.

In this scene, we find certain elements of the story: a pearl, a bag...

*Dans le fond de son sac
Fée a glissé une perle en plastique
elle y voit le reflet de ses yeux
quand Fée regarde dans la perle et qu'alors rien ne lui revient
elle a peur de ne plus savoir
et d'avoir perdu tout ce qui faisait d'elle une fée.
elle espère que Sorcière, elle, le sait
elle espère que Sorcière pourra lui rappeler.*

...a mirror

*Je me regarde dans le miroir et je me demande ce qui a changé
je me demande ce qui fait que Fée est devenue fée
que Sorcière est devenue sorcière
et pourquoi est-ce que
si moi je change, tout ne change pas avec moi ?*

Spectators are invited to take their place in the space. Among the caterpillar's body, they become the performer's interlocutors.

*Est-ce que toi aussi quand tu secoues ta tête très fort dans tous les sens
tu vois le monde se retourner
et les sourires se déformer ?*



Il était une fois une fée



‘Sorcière et Fée chantent’

En chœur :

You just want to use me
You just want to change me
Tell me what you want from me

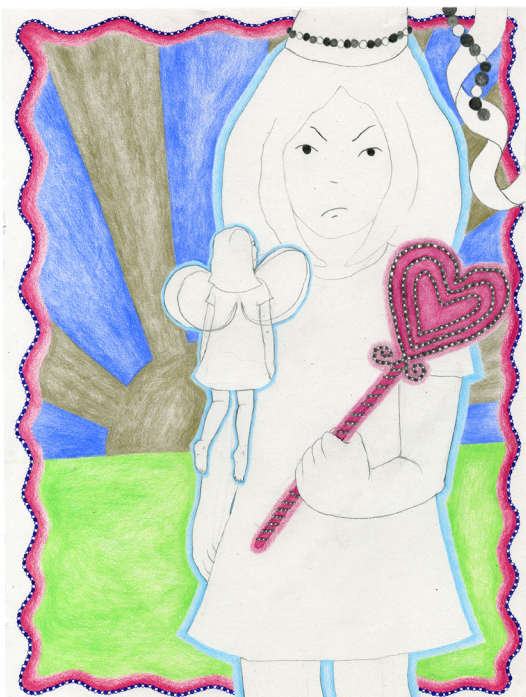
We've got ourselves locked in our chamber again
We've got ourselves locked in a cage again
And in our bed all we do is go insane

Fée :

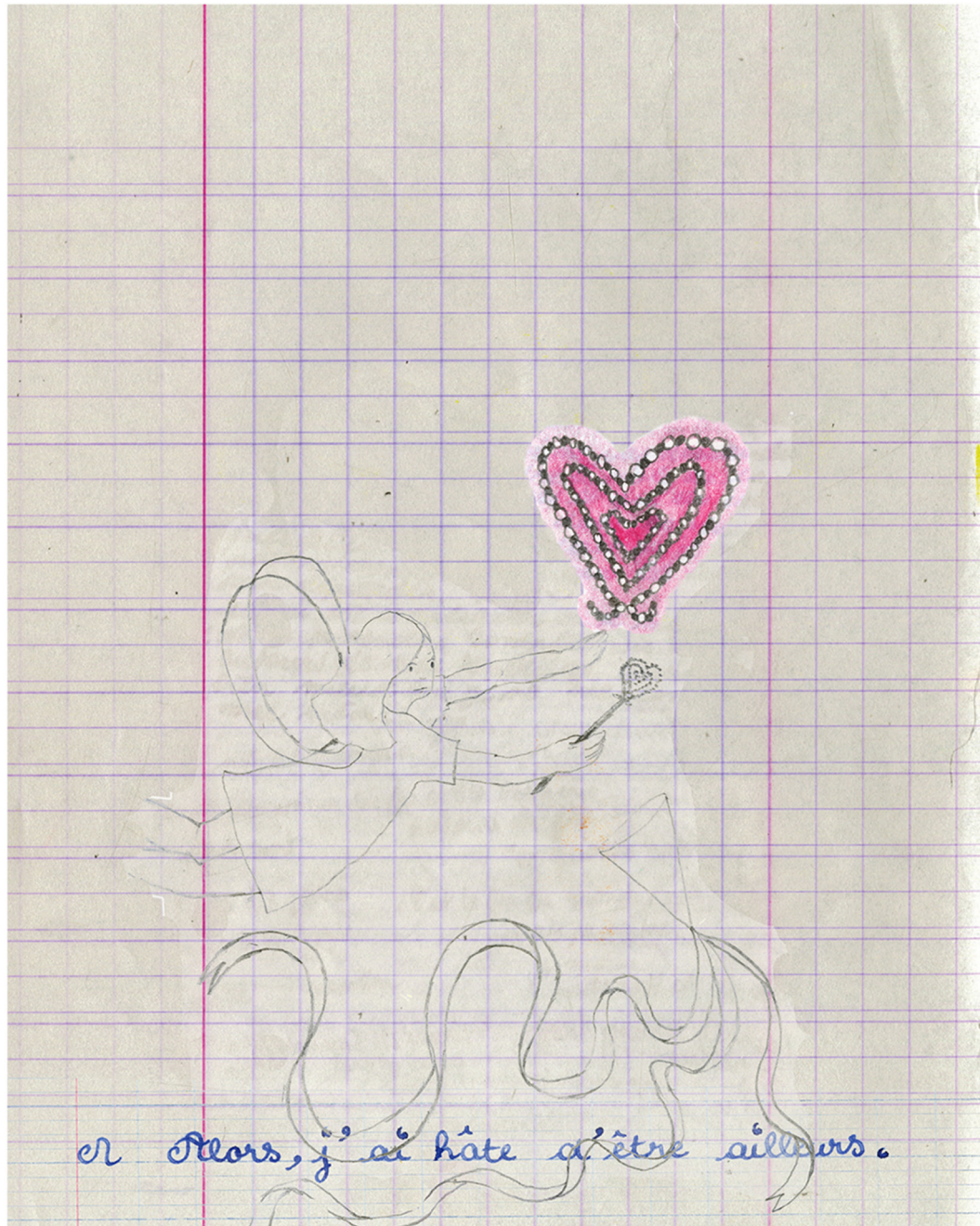
Now all I feel Is super fucking lonely
I just wanted you to get to know me
Now the only feeling is rage
Feel' like i'm trapped inside a cage
And I can scream once more
soon I walked out the door

Sorcière :

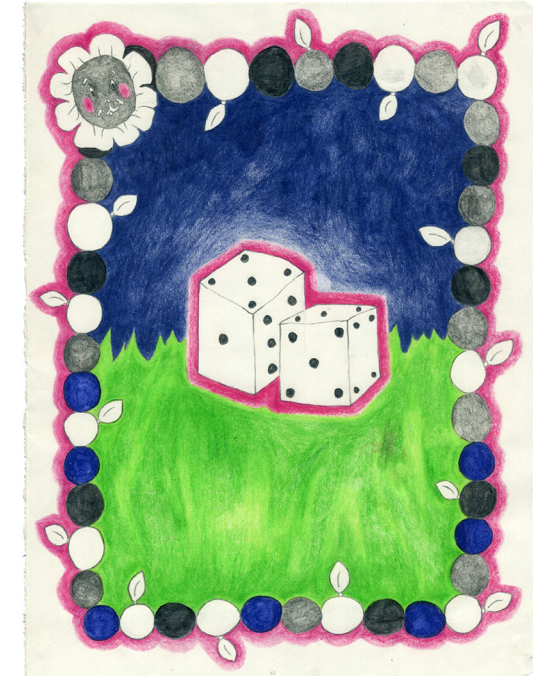
You could cry but I won't even pity you
You could cry but I won't even notice you
I know you hear voices
I know you're nobody into the night



Il était une fois une fée



Drawing selection,
colored pencil, ink, 19x25cm
2023



Il était une fois une fée



Selection of paintings,
oil painting on loose canvas, 37x53cm,
2023

Il était une fois une fée



Selection of paintings,
oil painting on loose canvas, 51x34cm,
2023

Happy Birthday!



Performance,
reading, musical accompaniment and installation.
Invited by Impressions Mutantes.

Happy birthday!



Performance,
reading, musical accompaniment and installation.
Invited by Impressions Mutantes.

*je ne sais plus ce qui est bon ou ce qui est vrai
et je ne sais plus comment je devrais me sentir
quand est-ce que tout deviendra clair ?
car je suis prise toute entière par la peur*

☆ BIRTHDAY DATE ☆

Jeanne Gilbert & Anna Sougy



[...]

Il faut jouer à « tu préfères » :

Je préfère la musique à l'amour
 Je préfère les cheveux longs aux cheveux courts
 Je préfère les petits aux grands
 Je préfère les gens maladroits et les gens qui savent pas
 Je préfère pas prendre de décisions
 Je préfère le salé au sucré
 Je préfère me taire que parler mais je préfère les gens qui parlent beaucoup.
 Je préfère ne pas fêter mon anniversaire que le fêter
 Je préfère les anniversaires des autres à mon anniversaire
JE PRÉFÈRE NE PAS SAVOIR QUE SAVOIR
 Je préfère ne pas choisir que choisir
 [...]
 Je préfère les brouillons au produit fini
 Je préfère ne pas y croire que d'y croire
 Je préfère quand c'est salissant
 Je préfère l'emballage au contenu
 Je préfère partir trop tôt
 pour ne pas rester trop tard
 Je préfère garder mes secrets pour le silence
 Je préfère rester couchée
 Je préfère attendre que d'y être
 Je préfère décélérer aux rythmes rapides
 Je préfère les musiques tristes aux airs joyeux
 Je préfère ne pas me relire
 pour ne pas être gênée
 Je préfère voir flou que trop net
 Je préfère la confusion à l'ordre
 Je préfère ne pas m'entendre réfléchir
 [...]

Laylow - Iverson

t'inquiète l'important c'est d'y croire

wasting shit - BOBBY MANGROVE

on est lundi et j'ai pas vu le ciel depuis vendredi (...)
 (...) la teuf c'était y'a deux jours (...)

y'a pleins de truc que j'ai pas capter
 y'a pleins de truc que j'ai pas fait
 je reste réel jusqu'au cimetière

je les attends pas et ça n'a pas changer (...)
 tous les matins comme si c'était hier

Naza - Happy birthday

extrait audio

wasting shit, err walou & tommy moi - nouveau quartier

revenir à l'époque de la marelle
 loin des ambitions loin des querelles

Happy
 Birthday!

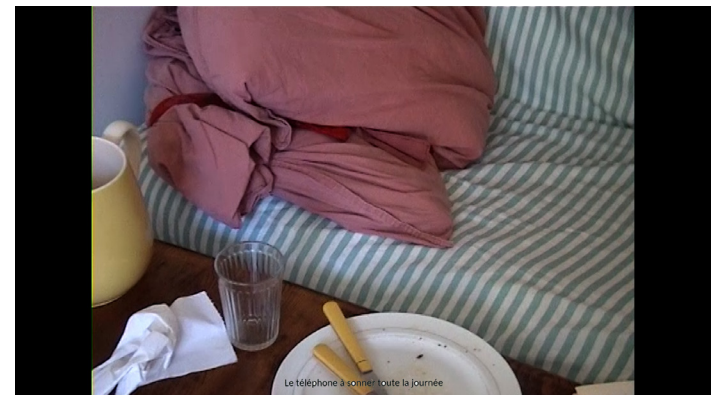
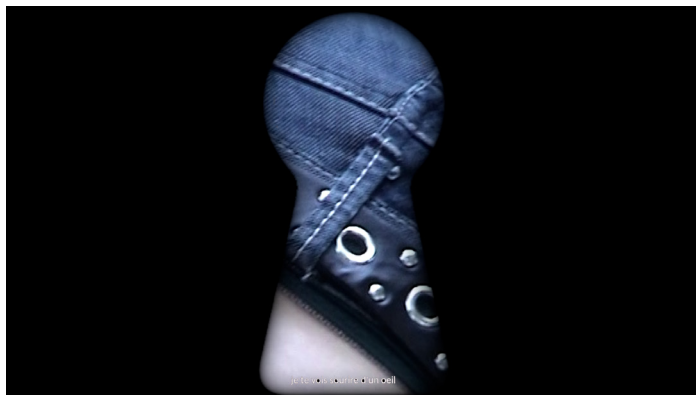
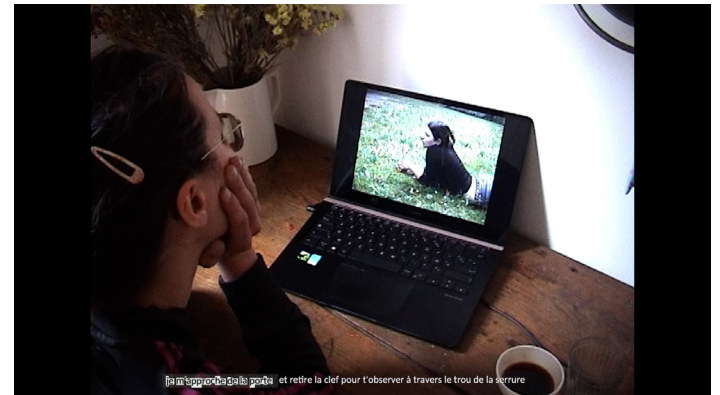
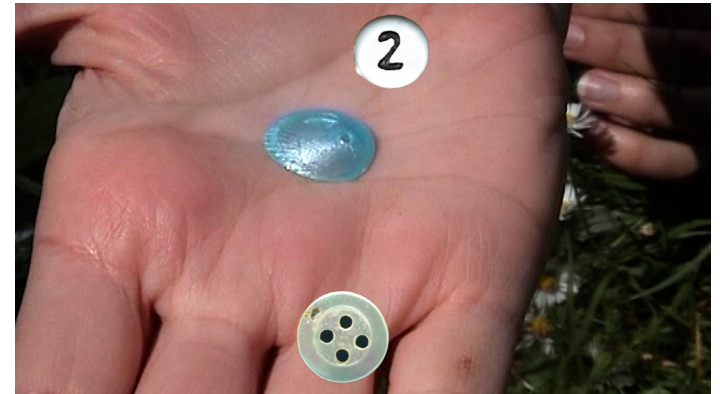
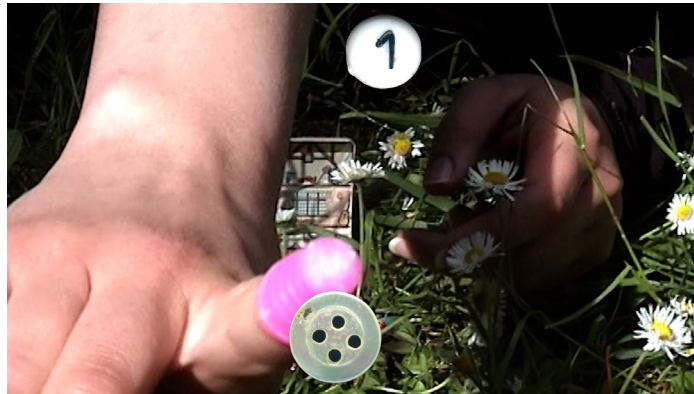
Key hall



Stills *Key hall*,
video, camera dv, collage, digital scan,
ongoing, 2025

j'enfonce ma langue à travers le trou de la serrure,

Key hall





Sexy Pigs

« Léa Tissot-Laura and Anna Sougy are two French artists based in Brussels. They started collaborating in 2017 and since continue to synergise on diverse projects ranging from video installations to performances.

By cross-pollinating their distinct practices, the friction of collaboration creates new questions that enrich their purpose and give new matter to their work: As Tissot-Laura is mainly concerned with sexuality and the image of the off- and online body, Sougy weaves open narratives from dreams and memories. While Tissot-Laura draws inspiration from counteractions between rural and urban codes, Anna extracts meaning from the 'unknown', thus creating intimacy with the subliminal.

When their practises merge, new motifs, interpretations and aesthetics are aroused. The videopiece *Sexy Pigs* came into being through this hybridisation.

Sexy Pigs commences when the food reserves of a pigsty are scarce. The pigs are starving, thus a political tale begins. The omniscient narrator guides us through scenes and landscapes of captured images and 3D renders. We dive into themes relating surveillance, power games, dreams and memories of adolescence that are questioned through the accumulation of metaphors and allegories. Polymorphous figures, hybrid species and uncanny transformations testify to the moments of crisis we are going through. These are the times we ask ourselves: 'How does one feed all the pigs?' »

texte de Saskia Smith

video, 2021, 18'30"

directors : Léa Tissot-Laura et Anna Sougy

music : jeune GDB

voice : Iman Aljoaki

3D animation : Anna Sougy

caméra/images : Léa Tissot-Laura et Anna Sougy

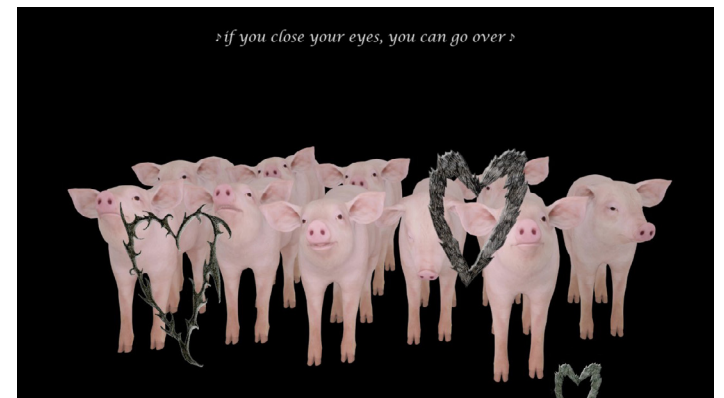
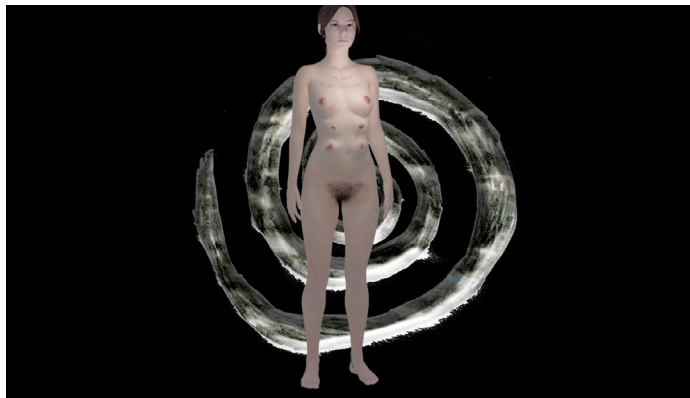
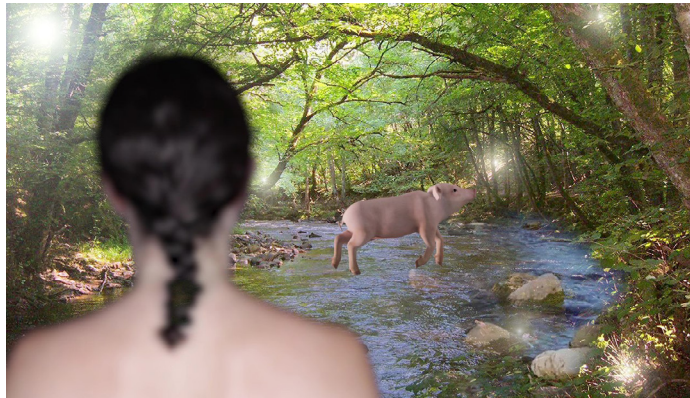




Exhibition view, *Where the Sun Sets and Where It Rises*,
curated by Edita Štrajtová and Linda Vondrová
photos ©Max Vajt
with the work of Øleg & Kaška,
Jedna dva tři gallery, Prague CZ, 2021



Exhibition view, *In the Cold Breeze of a New Earth*,
curated by MEDUSA
photos ©Tim Evers
CLAPTRAP, Antwerp BE, 2022



Objectif Paradis



Screening at Pol'n.
Invited by Impressions Mutantes
photo ©Impressions Mutantes
Nantes FR, 2022

Objectif Paradis



Stills *Objectif Paradis*,
video, 6'20",
mixed media, drawings, 3D animation, photographs,
music: Aggromance, EDM, Anna Sougy
2021



My mind is a material I can play with
I can chew like gum
Mold like mud

« The site-specific video of French artists based in Brussels, Anna Sougy and Léa Tissot-Laura, is a continuation of their previous work entitled *Sexy Pigs* (2021).

The connecting element is the main character - an avatar, who embodies the fiction life identity. Together with her, we set out on a journey into her past and explore the possibilities of internet friendships and online communities. *My mind is a material I can play with mold like mud chew like gum* is based, among other things, on the theory of cyber feminism. Performing in virtual space enables the formation of new personal identities, which makes it more difficult to classify in the AFK gender binary system of the world.

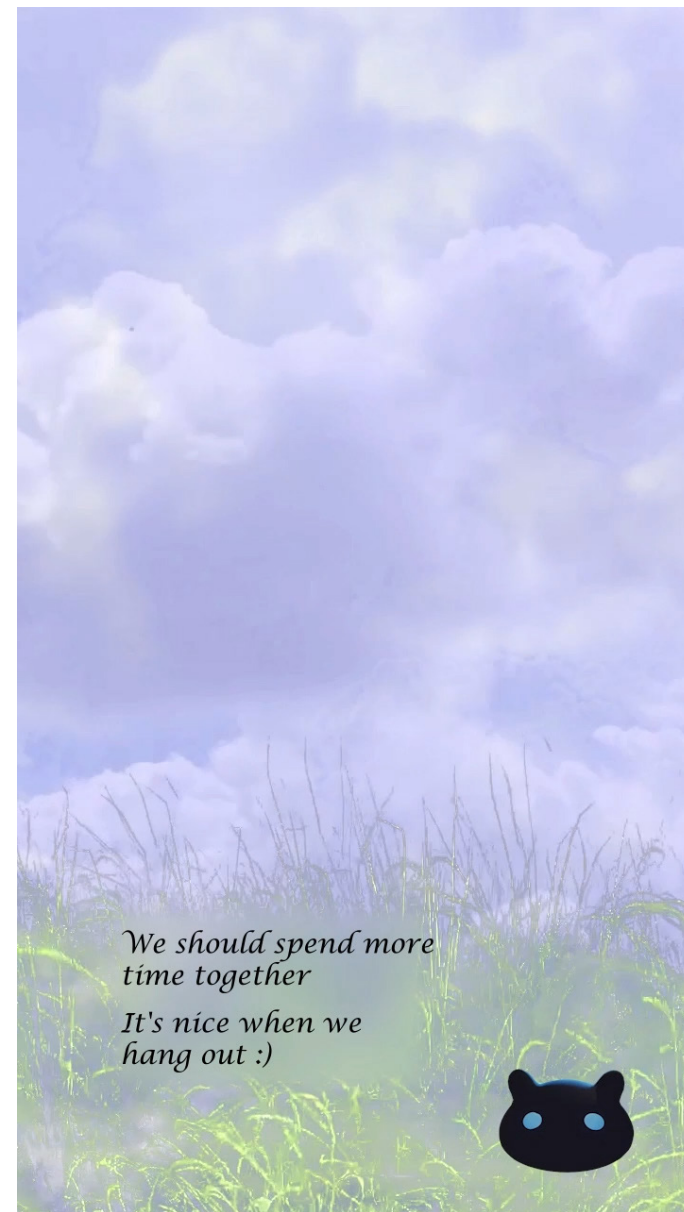
According to cyberfeminist, theorist and curator Legacy Russell, the physical body is a weapon whose gender prevents us from becoming limitless, realizing its infinite possibilities and potential (Legacy Russell : *Glitch Feminism*, 2020). Anna Sougy and Léa Tissot-Laura thus follow this idea when they free themselves from the body and, through the avatar, allow their own choice and definition of themselves. »

text by Mariana Pecháčková, Karpuchina Gallery

Stills *My mind is a material I can play with*,
 video, 6'50", 3D animation : Anna Sougy
 2022



*My mind is a material I can play with
I can chew like gum
Mold like mud*



you and I eating raspberries in the forest



Stills *you and I eating raspberries in the forest*

Video shot in Lichtensteig, Suisse, during a 4 month residency at Dogo Residency fur Neue Kunst. Screened during Dogo Totale in 2023.
Filmed images, 3D animation, pencil, oil painting.

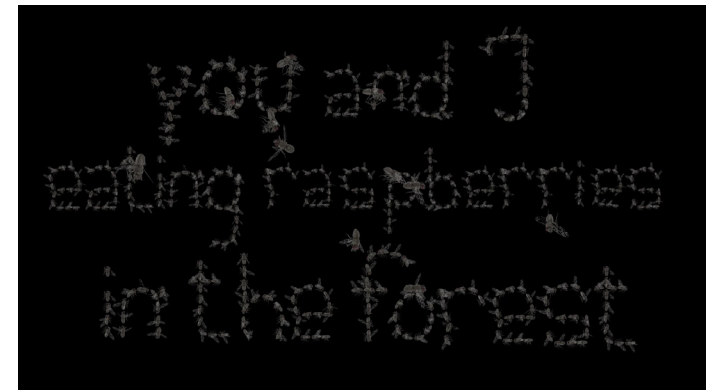
With the support of Region Grand Est.

video, 18'23'', 2023

directors: Anna Sougy & Léa Tissot-Laura

3D animation: Anna Sougy

music: Léa Tissot-Laura



« During a walk in the Lichtensteig countryside, I let myself be guided by the flies, and the imprint of their legs came to draw the musical notes on my score.»



Selection of paintings,
oil painting on canvas, 47x33cm.
2023

Sisters to my eyes



Exhibition view, *comme si en suivant le fil, ma langue apprend à faire la liaison*, curated by Juliette Morisse, Lise Herdam et Anna Sougy.

Extract of installation *Sisters to my eyes*,
deux mains, 46x30cm, oil painting on canvas and pencil, 2025

photos ©Juliette Morisse
with the work of Zoé Couppé, Talhùla Deray, Lise Herdam, Juliette Morisse, Jessica
Phoëbe Mulindahabi, Guilhem Prat.
W, Pantin, FR, 2025



Sisters to my eyes

SISTERS, au loin
...
CADETTE, essoufflée
...
SISTERS, au loin
...
Cadette, inquiète, commence à comprendre qu'elle s'est perdue.
...
CADETTE
...
LE NARRATEUR
...
Bruits de pas, TAP TAP TAP TAP TAP TAP TAP TAP TAP
...
CADETTE & ECHO, en chœur
...

...
Respiration.
...
Respiration.
...

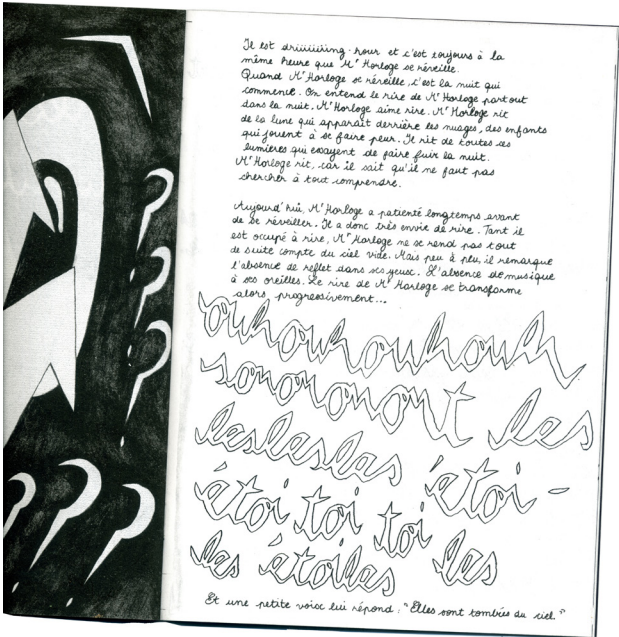
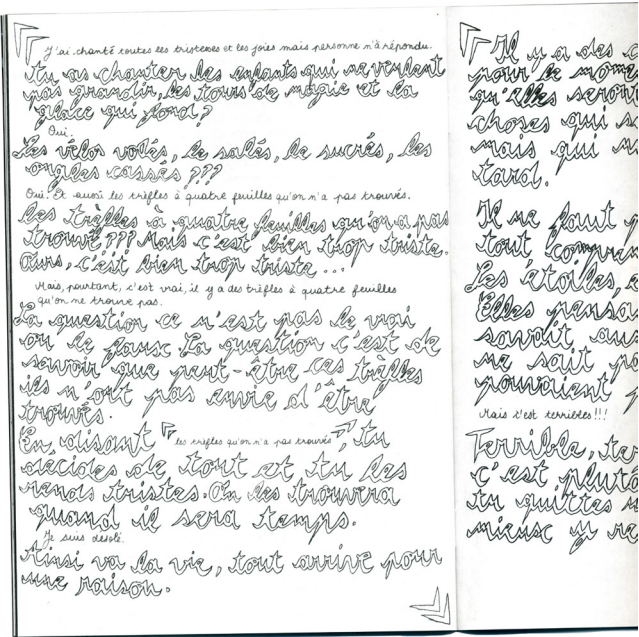
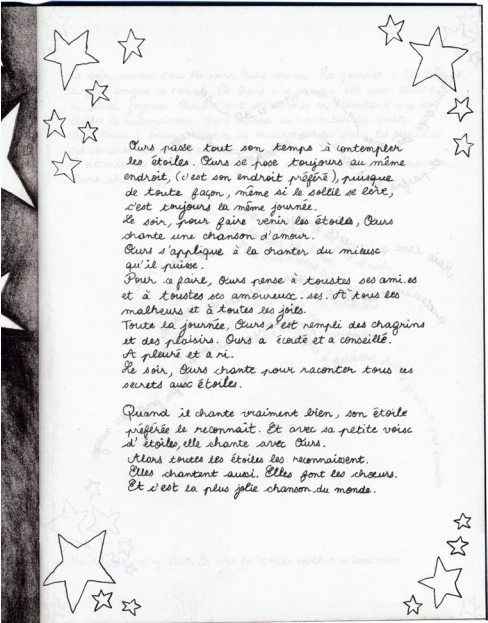
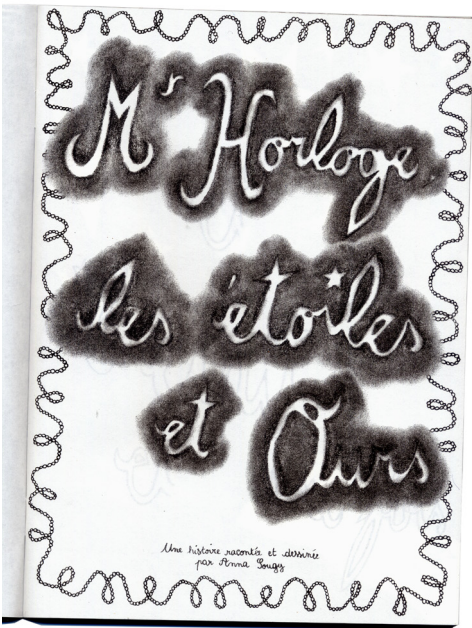
Des rideaux s'ouvrent de chaque côté de la scène.
Cadette, debout au milieu, se parle à elle-même. Tout en enfilaient son costume, le pantalon, puis le haut, elle bute souvent sur ses mots. Elle prépare un message qu'elle aimerait transmettre à ses sœurs. Elle prend son temps. Fait des pauses, regarde ailleurs. Cadette ramasse chaussures et chaussettes.
Elle s'assoit sur un tabouret, enfle chaussettes puis chaussures. Elle pousse des soupirs d'ennui très léger. Elle s'exerce, essaye de clarifier ses questionnements pour pouvoir ensuite les partager à Sisters. Une fois habillée, elle se regarde rapidement dans le miroir.
...
CADETTE
...
Respiration.
...
Respiration.
...

Exhibition view, comme si en suivant le fil, ma langue apprend à faire la liaison, curated by Juliette Morisse, Lise Herdam et Anna Sougy.

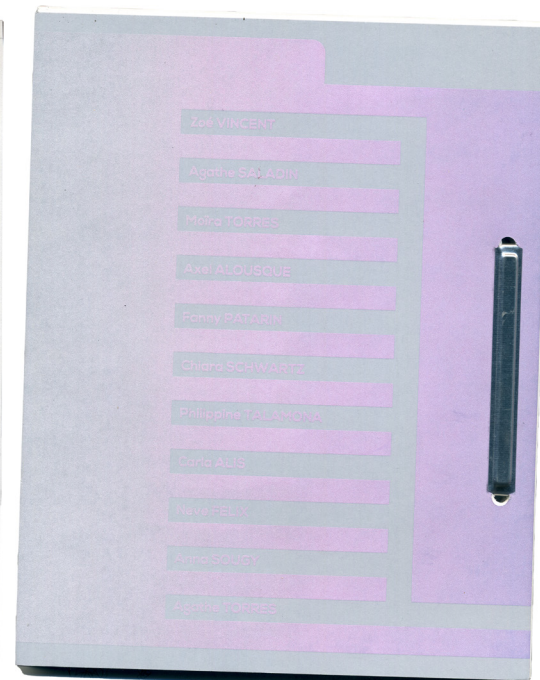
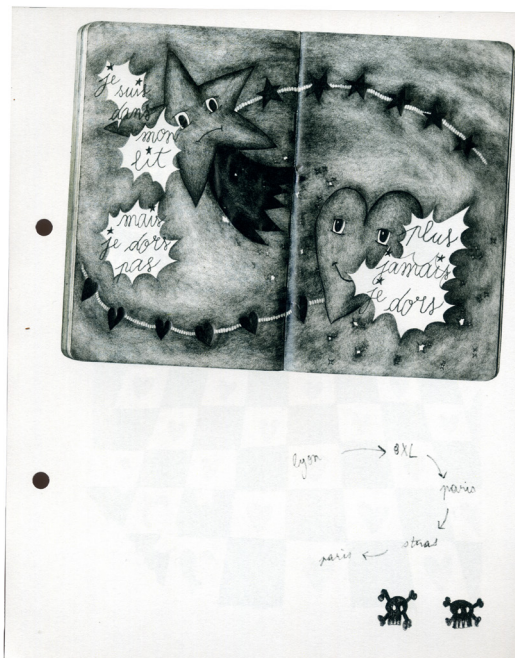
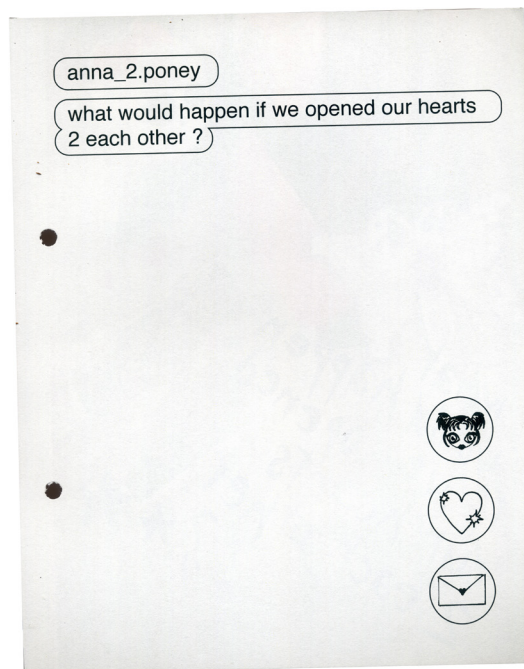
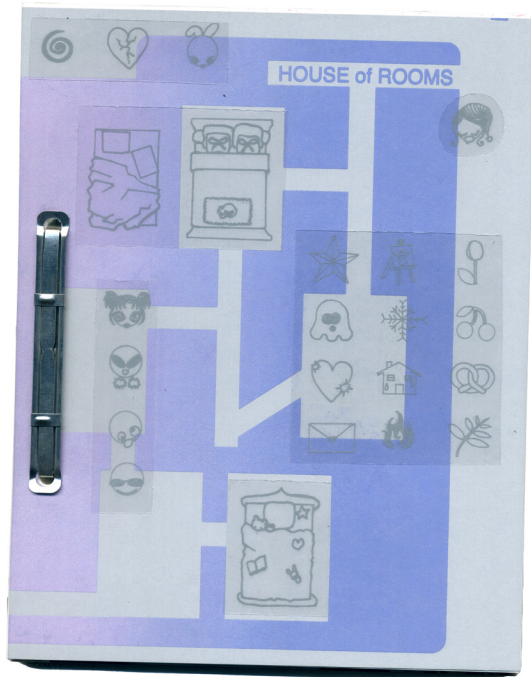
Extract of installation Sisters to my eyes, Sisters, selection, 21x29,7cm, ink and collage on paper, 2025

photos ©Juliette Morisse with the work of Zoé Couppé, Talhùla Deray, Lise Herdam, Juliette Morisse, Jessica Phœbe Mulindahabi, Guilhem Prat. W, Pantin, FR, 2025

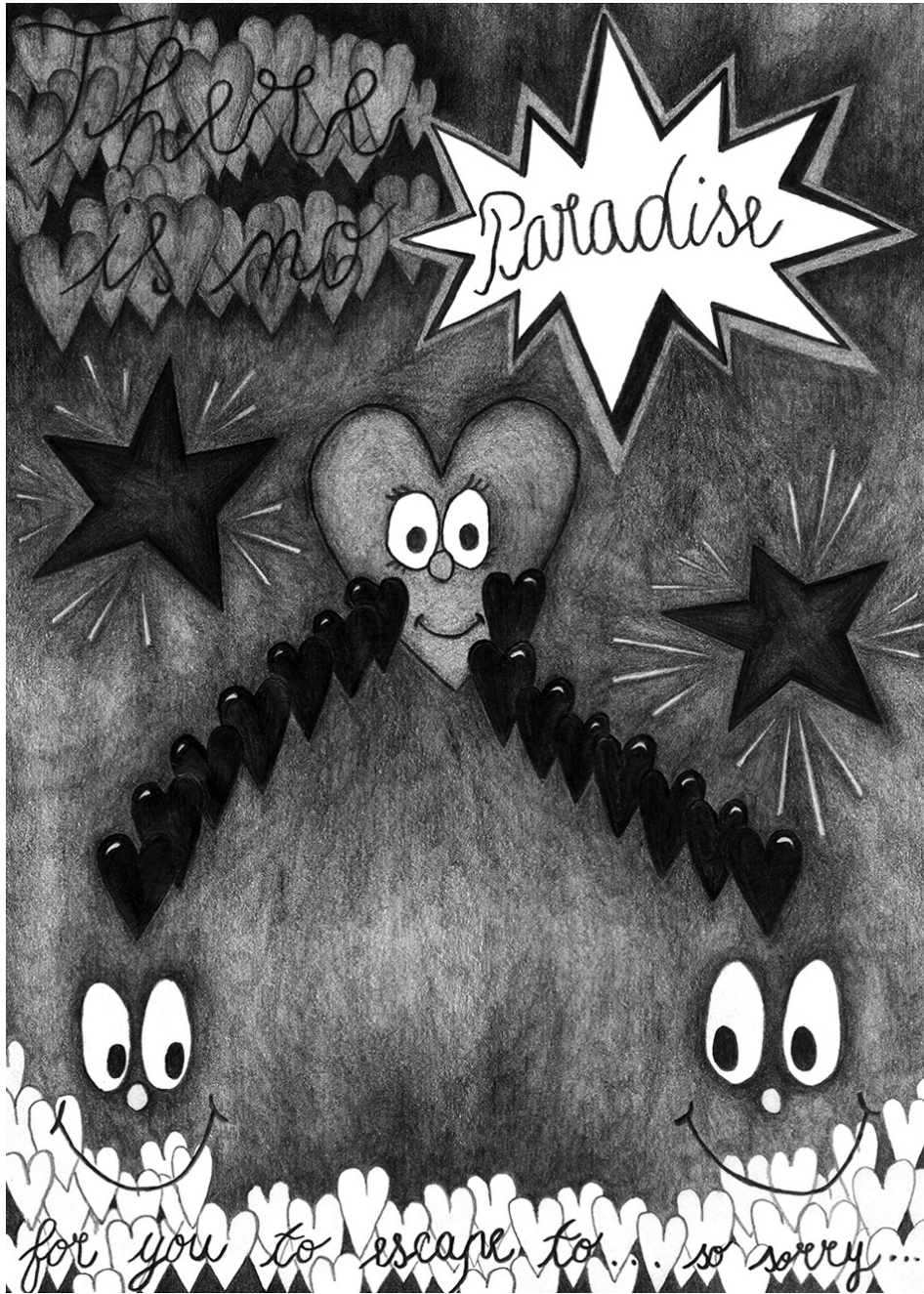
Mr Horloge, les étoiles et Ours







What would happen if we opened our hearts 2 each other ?



Drawings,
ink and pencil, 12 pages, 15x21cm,
commissioned by Agathe Torres and Agathe Saladin for publication *House of Rooms*,
2022



exhibitions, screenings, performances & publications

2024 • 2025

- *People you've been before*, 100% L'EXPO, performance, curated by Inès Geoffroy, La Villette /Paris, FR
- *Sexy Pigs*, 100% L'EXPO, video installation, curated by Inès Geoffroy, La Villette /Paris, FR
- Group exhibition curator *comme si en suivant le fil, ma langue apprend à faire la liaison*, with Lise Herdam and Juliette Morisse, W /Pantin, FR
- *sisters to my eyes*, installation, group show, W /Pantin, FR
- *you and I eating raspberries*, screening, Fréquence18 /Paris, FR
- *Sexy Pigs*, screening, curated by Astrid Vandercamere, MORPHO /Anvers, BE

2023

- *Il était une fois une fée*, performance, curated by Raphael Guillet /Paris, FR
- *you and I eating raspberries in the forest*, screening, Rathaus fuer Kultur /Lichtensteig, CH
- Group show, Rathaus fuer Kultur /Lichtensteig, CH
- *Il était une fois une fée*, exhibition and performance, CRIC /Strasbourg, FR
- *Please don't stop the music*, drawing selection in collaborative publication *Moshpit Magique*
- *Neurosis*, group show, Project Gallery /New York City, US

2022

- *Objectif Paradis*, screening, curated by Impressions Mutantes, Pol-n /Nantes, FR
- *Sexy Pigs*, screening, curated by Impressions Mutantes, projection, Pol-n /Nantes, FR
- *Happy Birthday*, performance, Impressions Mutantes /Nantes, FR
- *Objectif Paradis*, screening, Sacho Festival /Vicq-sur-Breuilh, FR
- *My mind is a material I can play with*, screening, Naïfves Impulsives /Paris, FR
- *Sexy Pigs*, screening, Rencontres Internationales Traverse video /Toulouse, FR
- *In the Cold Breeze of a New Earth*, exhibition, curated by Medusa, CLAPTRAP /Anvers, BE
- *My mind is a material I can play with*, exhibition, Karpuchina Gallery /Prague, CZ
- *What would happen*, drawing selection in publication *House of Rooms*

2020 • 2021

- Group exhibition curator *J'espère qu'on sera à côté dans le train*, Dragono /Paris, FR
- *Objectif Paradis*, screening, Dragono /Paris, FR
- *Sexy Pigs*, screening, Dragono /Paris, FR
- *Where the Sun Sets and Where It Rises*, exhibition, curtaed by Petrohradská Kolektiv, Jedna dva tři gallery /Prague, CZ
- *Spring.dx*, performance, Brasserie Atlas /Brussels, BE
- *POWDER*, exhibition, Atelier Saegher /Brussels, BE
- *5 poèmes avant de se revoir*, performance, curated by Gabrielle D'Allessandro /Strasbourg, FR
- *Léo et les oiseaux*, album printed in risography with the support of region Wallonie Bruxelles, Atelier du Toner /Brussels, BE

2018 • 2019

- *Undercoop ACT III*, performance with .dx, curated by Anne Lise Le-Guac, Les Urbaines /Lausanne, CH
- *Papillon Berserk*, performance, curated by Okay Confiance, Coco Velten /Marseille FR
- *Checks*, DAF, performance and exhibition /Geneva, CH
- *Presque consacré à la musique*, exhibition, La Chaufferie /Strasbourg, FR
- *Checks*, performance, Les Laboratoire d'Aubervilliers /Paris, FR
- *Vera Massage*, performance, curated by Okay Confiance, Café Pompier /Bordeaux, FR
- *Undercoop ACT II*, performance with .dx, COOP /Strasbourg, FR
- *Undercoop ACT I*, performance with .dx, La Chaufferie /Strasbourg, FR

commandes

2021 - 2024

- Website et design graphique pour Bateau Radio
- Website et design graphique pour l'artiste Juliette Morisse
- Poster, *Bliss from the abyss* pour Baby Angel
- Website et design graphique pour l'artiste Léa Tissot-Laura
- Poster, *Nervous BreakDance*, pour l'Amicale Du Fresquet
- Website et design graphique pour l'artiste Julien Kirmann
- Graphiques animés, *The Goblin Cake*, un film d'Aline Bouvy, M HKA, Anvers, BE
- Clip en animation 3D, *Run fast or get lost* pour le musicien Eo Eintu

Anna Sougy

residency

2023

Dogo Residenz für Neue Kunst, Dogo /Lichtensteig, CH
Point de sauvegarde /St Polgue, FR
CRIC /Strasbourg, FR

2021

Artist in Residence, Petrohradská kolektiv /Prague, CZ
Ateliers du Toner /Bruxelles, BE
Brasserie Atlas, with .dx collective /Bruxelles, BE

2020

entre-nous, with Spazz collective /Strasbourg, FR

2019

Les Laboratoire d'Aubervilliers, *Je fais ce que je fais* /Paris, FR
DAF /Genève, CH
Résidency with Spazz collective and SILO /Villelonge, FR
Coco Velten, with Okay Confiance /Marseille FR

2018

Café Pompier, with Okay Confiance /Bordeaux, FR

articles

education

2021 • 2023

National Superior Diploma of Expression of Plastic Arts (DNSEP), Fine art department, Hors-Format group
Haute École des Arts du Rhin /Strasbourg, FR

2020 • 2021

Master Fine Arts, Media art department
KASK & Conservatorium / School of Arts Gent /BE

2016 • 2019

National Art Diploma (DNA),
Fine art department, Hors-Format group
Haute École des Arts du Rhin /Strasbourg, FR

2015 • 2016

Preparatory class,
École Nationale Supérieure des Beaux Arts /Lyon, FR